

# Southwest Conference

Thursday, May 16, 2013

Redwood Valley HS, Redwood Falls

1. Marshall	MARS	167.5
2. Luverne	LUVE	130
3. Redwood Valley	REVA	129
4. Worthington	WORT	87.5
5. Jackson County Central	JCC	81
6. Windom Area	WIAR	71
7. Pipestone Area	PAS	30

## X 100 Meters - Varsity - Finals

1.	12	Michael Rivera	11.35	Windom Area
2.	12	Bo Bieber	11.56	Luverne
3.	12	Rhett Struve	11.81	Marshall
4.	10	Sam Marshall	11.83	Marshall
5.	11	Izaak Lucht	11.88	Jackson County Central
6.	12	Christopher Halden	11.93	Redwood Valley
7.	10	Jackson Winter	12.04	Luverne
8.	11	Darnell Taylor-Breck	12.16	Jackson County Central
9.	10	Alex Leopold	12.42	Windom Area
10.	9	Erik Landgaard	12.44	Worthington
11.	9	Kevin Zheng	12.60	Luverne
12.	12	Jacob Prins	12.83	Worthington
13.	12	Neils Pederson	13.03	Redwood Valley
14.	9	Luis Martinez	13.23	Pipestone Area
15.	9	Hser Moo Pwae	13.32	Worthington
16.	9	Vaughan Johnson	13.38	Redwood Valley
17.	9	Kaleb Groeneweg	13.39	Pipestone Area
17.	8	Will Cooper	13.39	Pipestone Area
19.	10	Ben Jones	13.41	Marshall
20.	-	Daniel Green	15.20	Windom Area

## X 200 Meters - Varsity - Finals

1.	12	Michael Rivera	22.87	Windom Area
2.	12	Bo Bieber	23.13	Luverne
3.	10	Sam Marshall	23.54	Marshall
4.	11	Victor Ogeka	23.79	Windom Area
5.	12	Rhett Struve	23.87	Marshall
6.	12	Christopher Halden	23.94	Redwood Valley
7.	11	Izaak Lucht	23.98	Jackson County Central
8.	11	Jessie Guerra	23.99	Worthington
9.	12	Darrion Jones	24.40	Luverne
10.	10	John Lothert	24.61	Marshall
11.	9	Ryan Salzwedel	25.01	Jackson County Central
12.	11	Matthew Schmit	25.37	Jackson County Central
13.	9	Erik Landgaard	25.42	Worthington
14.	9	Kevin Zheng	25.66	Luverne
15.	12	Neils Pederson	26.30	Redwood Valley
16.	12	Jacob Prins	26.39	Worthington
17.	9	Kaleb Groeneweg	26.78	Pipestone Area
18.	8	Will Cooper	27.56	Pipestone Area
19.	9	Tony Tran	28.14	Windom Area
20.	12	Elias O'Keefe	29.13	Redwood Valley
	10	Mason Reynolds	DNS	Pipestone Area

**X 400 Meters - Varsity - Finals**

1.	10	Sam Marshall	51.97	Marshall
2.	12	Christopher Halden	52.11	Redwood Valley
3.	12	Rhett Struve	53.68	Marshall
3.	12	Ethan Spittle	53.68	Worthington
5.	12	Sawyer Pals	54.35	Pipestone Area
6.	10	Payton Stemper	55.04	Luverne
7.	11	Salah Haji	55.54	Marshall
8.	8	Matthew Strom	55.94	Jackson County Central
9.	11	Aiden Dirhlan	56.43	Redwood Valley
10.	12	Peter Scholtes	57.45	Worthington
11.	12	Jacob Prins	1:00.47	Worthington
12.	11	Cole Gewerth	1:02.37	Redwood Valley
13.	12	Tanner Post	1:02.91	Jackson County Central
14.	9	Devon Sargent	1:04.13	Windom Area
15.	9	Tony Tran	1:07.30	Windom Area
16.	-	Daniel Green	1:15.16	Windom Area
	12	Manny Olson	DNS	Luverne
	12	Ethan Rust	DNS	Luverne
	9	Eli Stevens	DNS	Pipestone Area

**X 800 Meters - Varsity - Finals**

1.	11	Ryan Phillips	2:02.55	Redwood Valley
2.	10	Mike Larson	2:04.27	Marshall
3.	10	Drew Weis	2:08.74	Luverne
4.	12	Nathan Landwehr	2:11.19	Worthington
5.	11	Bilal Ali	2:12.65	Marshall
6.	11	Cody Hess	2:13.09	Luverne
7.	10	Oliver Wolyniec	2:13.88	Worthington
8.	12	Gordy Moore	2:15.32	Worthington
9.	11	Bradley Gustafson	2:17.76	Jackson County Central
10.	12	Tylan Vanderwal	2:17.81	Pipestone Area
11.	12	Jackson Frankenhoff	2:18.51	Luverne
12.	11	Clay Elness	2:18.58	Windom Area
13.	11	Alex Nelson	2:22.11	Windom Area
14.	9	D'Andre Brandt	2:28.32	Pipestone Area
15.	11	Jordan Ringgenberg	2:28.86	Jackson County Central
16.	9	Marshal Quast	2:29.84	Redwood Valley
17.	9	Collin Noriega	2:48.25	Marshall
18.	11	Cole Gewerth	2:48.38	Redwood Valley

**X 1600 Meters - Varsity - Finals**

1.	11	Ryan Phillips	4:37.89	Redwood Valley
2.	12	Andrew Bell	4:41.21	Marshall
3.	9	Amanuel Fissiha	4:44.45	Worthington
4.	10	Mike Larson	4:48.78	Marshall
5.	11	Cody Hess	4:52.70	Luverne
6.	11	Wade DeAustin	4:55.11	Marshall
7.	12	Josh Friedrichson	4:59.98	Luverne
8.	11	Wes Peyerl	5:03.51	Redwood Valley
9.	12	Ryan Helmoski	5:08.65	Windom Area
10.	11	Alex Nelson	5:12.33	Windom Area
11.	11	Alex Abrahamson	5:23.22	Pipestone Area
12.	10	Troy Feller	5:24.26	Worthington
13.	9	Marshal Quast	5:25.67	Redwood Valley
14.	10	Mitchell Oehlerts	5:30.29	Luverne
15.	9	D'Andre Brandt	5:32.90	Pipestone Area
16.	12	Jan-jaap Keizers	5:37.24	Jackson County Central
17.	8	John Irwin	5:48.14	Windom Area
18.	11	Desalegn Zemenfes	5:59.27	Worthington

**X 3200 Meters - Varsity - Finals**

1.	9	Amanuel Fissiha	10:20.77	Worthington
2.	12	Andrew Bell	10:23.67	Marshall
3.	12	Dillon Thooft	10:38.28	Redwood Valley
4.	11	Blaine Moran	10:51.04	Marshall
5.	11	Wade DeAustin	10:51.86	Marshall
6.	10	Ethan Marshall	10:57.15	Luverne
7.	8	Lucas Griebel	11:16.54	Pipestone Area
8.	11	Josiah Passe	11:27.30	Redwood Valley
9.	12	Nic Buss	11:29.21	Luverne
10.	12	Jordan Snyder	11:30.44	Jackson County Central
11.	8	Emerson Winter	11:41.90	Pipestone Area
12.	8	Jae Carlson	12:00.89	Windom Area
13.	7	Jacob Prunty	12:01.06	Worthington
14.	10	Joe Fischenich	12:35.89	Windom Area
15.	10	Sam Talsma	12:45.51	Worthington
16.	10	Brady Hudson	14:24.21	Luverne
17.	11	David Tran	14:34.05	Windom Area
	12	Nick VonMosch	SCR	Redwood Valley

**X 110m Hurdles - 39" - Varsity - Finals**

1.	11	Macius Schroeder	17.00	Redwood Valley
2.	11	Jon Harmening	17.10	Jackson County Central
3.	11	Danny West	17.16	Marshall
4.	11	Matthew Schmit	18.15	Jackson County Central
5.	10	Trenton Rops	18.18	Luverne
6.	10	Aaron Axford	18.59	Windom Area
	12	Alex Weis	19.03	Luverne
7.	9	Lancho Morke	19.05	Worthington
8.	11	Isaac Hart	19.91	Marshall
9.	9	Mitchell Muller	20.17	Luverne
10.	9	Brendan Spittle	20.65	Worthington
11.	-	Tucker Machart	22.76	Redwood Valley
12.	11	Blake Warner	22.86	Windom Area
	11	Nick Raverty	NT	Windom Area

**X 300m Hurdles - 36" - Varsity - Finals**

1.	12	Promise Nkwocha	42.05	Marshall
2.	11	Thane Widmer	42.57	Redwood Valley
3.	11	Macius Schroeder	44.14	Redwood Valley
4.	10	Trenton Rops	44.51	Luverne
5.	11	Ryan Schultz	45.39	Marshall
6.	9	Lancho Morke	46.10	Worthington
7.	11	Jon Harmening	46.40	Jackson County Central
8.	11	Isaac Hart	46.60	Marshall
9.	10	Aaron Axford	47.17	Windom Area
10.	11	Jeremy Ringgenberg	47.46	Jackson County Central
11.	9	Brendan Spittle	47.82	Worthington
12.	10	Dustin Heiden	48.66	Jackson County Central
13.	7	Tyl Woelber	50.58	Pipestone Area
14.	8	Justin Kooiman	53.22	Pipestone Area
	12	Alex Weis	DNS	Luverne
	11	Nick Raverty	DNS	Windom Area
	11	Blake Warner	DNS	Windom Area

**X 4x100 Relay - Varsity - Finals**

1.	Jackson Winter
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Darrion Jones			
Ethan Rust			
Trenton Rops		46.00	Luverne
2. -	Michael Rivera		
Alex Leopold			
Tyler Morgan			
Victor Ogeka		46.42	Windom Area
3.	Warren Darling		
Izaak Lucht			
Matthew Strom			
Ryan Salzwedel		46.97	Jackson County Central
4.	Jessie Guerra		
Troy Ektnitphong			
Erik Landgaard			
Will Dudley		47.44	Worthington
5.	Jacob Falconer		
John Lothert			
Drew Tykwinski			
Coby Hilton		48.14	Marshall
6.	Hunter Breidenbach		
Macius Schroeder			
Cole Kvistero			
Jacob Angermeyer		49.39	Redwood Valley
7.	Mason Reynolds		
Luis Martinez			
Will Cooper			
Kaleb Groeneweg		52.29	Pipestone Area

#### X 4x200 Relay - Varsity - Finals

1.	Jackson Winter		
Ethan Rust			
Bo Biever			
Darrion Jones		1:33.43	Luverne
2. -	Jessie Guerra		
Troy Ektnitphong			
Will Dudley			
Ethan Spittle		1:33.48	Worthington
3.	Jacob Prouty		
Randy Juell			
Jacob Angermeyer			
Thane Widmer		1:36.03	Redwood Valley
4.	Warren Darling		
Darnell Taylor-Breck			
Ryan Salzwedel			
Jon Harmening		1:36.83	Jackson County Central
5.	Mason Reynolds		
Luis Martinez			
Sawyer Pals			
Eli Stevens		1:38.29	Pipestone Area
6.	Bilal Ali		
Ryan Schultz			
John Lothert			
Bryan Rose		1:39.59	Marshall
7.	Blake Warner		
Nicholas Wolter			
Alex Leopold			
Tyler Morgan		1:39.61	Windom Area

#### X 4x400 Relay - Varsity - Finals

1.	Jacob Prouty		
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Thane Widmer			
Aiden Dirhlam			
Ryan Phillips		3:34.61	Redwood Valley
2.	Zack Drum		
Salah Haji			
Promise Nkwocha			
Ryan Schultz		3:38.63	Marshall
3.	Troy Eknitphong		
Nathan Landwehr			
Oliver Wolyniec			
Ethan Spittle		3:39.54	Worthington
4.	Josh Friedrichson		
Eli Dooyema			
Jackson Frankenhoff			
Griffin Ahrendt		3:46.30	Luverne
5.	Paden Moore		
Brady Place			
Dustin Heiden			
Matthew Strom		3:49.20	Jackson County Central
6.	Clay Elness		
Nicholas Wolter			
Luis Ramirez			
Aaron Axford		3:54.82	Windom Area

#### X 4x800 Relay - Varsity - Finals

1.	Drew Weis		
Payton Stemper			
Eli Dooyema			
Josh Friedrichson		8:27.85	Luverne
2.	Wes Peyerl		
Nick VonMosch			
Dillon Thooft			
Aiden Dirhlam		8:47.98	Redwood Valley
3.	Nathan Landwehr		
Oliver Wolyniec			
Ian Stewart			
Gordy Moore		8:55.25	Worthington
4.	Tylan Vanderwal		
Eli Stevens			
Lucas Griebel			
Emerson Winter		9:21.69	Pipestone Area
5.	Clay Elness		
Luis Ramirez			
Joe Fischenich			
Ryan Helmoski		9:26.88	Windom Area
6.	Bradley Gustafson		
Jordan Ringgenberg			
Jan-jaap Keizers			
Tanner Post		9:35.60	Jackson County Central
7.	Blaine Moran		
Trevor Johnson			
Walker DeAustin			
Brandon Barrientos		9:41.66	Marshall

#### X Shot Put - 12lb - Varsity - Finals

1.	11	Cody Rofshus	49-11.25	Luverne
2.	12	Alex Weis	49-10.25	Luverne
3.	12	Trent Bever	46-07.00	Windom Area
4.	11	Nolan Hohenstein	45-10.00	Jackson County Central
5.	12	Brock Baumgarn	45-08.25	Marshall

6.	9	Cole Maly	41-00.50	Pipestone Area
7.	10	Tyler Morgan	40-10.50	Windom Area
8.	10	Brandon Appel	40-10.00	Marshall
9.	11	Josh Stangeland	40-07.00	Pipestone Area
10.	11	Austin Bell-Pixler	40-03.75	Jackson County Central
11.	10	Nolan Sawtelle	39-10.00	Luverne
12.	10	Peter Abraham	39-08.00	Worthington
13.	9	Noah Maschino	39-01.50	Pipestone Area
14.	10	Nathan Horn	38-03.50	Jackson County Central
15.	9	Nick Versaevel	33-07.75	Marshall
16.	10	Gavin Mutz	32-11.50	Windom Area
17.	10	Aaron Torre	32-07.25	Redwood Valley
18.	12	Ramon Torre	31-09.00	Redwood Valley
19.	9	Juston Bents	31-05.00	Worthington
20.	9	Jacob Schroeder	30-00.50	Redwood Valley
21.	8	JR Arnt	29-08.75	Worthington

#### X Discus - 1.6kg - Varsity - Finals

1.	11	Cody Rofshus	145-09	Luverne
2.	12	Brock Baumgarn	135-04	Marshall
3.	12	Alex Weis	131-03	Luverne
4.	11	Austin Bell-Pixler	124-11	Jackson County Central
5.	10	DJ Reker	119-08	Luverne
6.	10	Tyler Morgan	116-06	Windom Area
7.	12	Trent Bever	110-03	Windom Area
8.	11	Matthew Schmit	108-07	Jackson County Central
9.	11	Josh Stangeland	107-08	Pipestone Area
10.	10	Brandon Schmit	107-00	Jackson County Central
11.	10	Brandon Appel	106-08	Marshall
12.	10	Collin Moeller	105-05	Pipestone Area
13.	10	Aaron Torre	98-02	Redwood Valley
14.	10	Peter Abraham	93-10	Worthington
15.	9	Jacob Schroeder	89-08	Redwood Valley
16.	9	Jarrett Louwegie	86-09	Marshall
17.	8	JR Arnt	81-05	Worthington
18.	12	Ramon Torre	79-05	Redwood Valley
19.	10	Gavin Mutz	77-00	Windom Area
20.	9	Juston Bents	74-08	Worthington
	8	Sy Stangeland	ND	Pipestone Area

#### X High Jump - Varsity - Finals

1.	12	Randy Juell	6-07.00	Redwood Valley
2.	10	Collin Moeller	6-02.00	Pipestone Area
3.	12	Austin Hinkeldey	5-10.00	Jackson County Central
4.	9	Ryan Salzwedel	5-10.00	Jackson County Central
5.	11	Ryan Schultz	5-08.00	Marshall
6.	12	Darrion Jones	5-06.00	Luverne
7.	12	Ethan Spittle	5-04.00	Worthington
8.	11	Zack Drum	5-04.00	Marshall
9.	12	Kody Thul	5-04.00	Redwood Valley
10.	9	Hunter Hesper	5-02.00	Jackson County Central
11.	11	Brandon Verkinderen	5-00.00	Marshall
12.	8	Justin Kooiman	4-10.00	Pipestone Area
	9	Trey Thesenvitz	NH	Pipestone Area
	10	Trenton Rops	NH	Luverne
	11	Blake Warner	NH	Windom Area

#### X Pole Vault - Varsity - Finals

1.	11	Will Dudley	14-01.00	Worthington
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2.	12	Randy Juell	13-06.00	Redwood Valley
3.	12	Eli Dooyema	11-00.00	Luverne
4.	11	Joe Mills	10-06.00	Worthington
5.	9	Hunter Heser	10-06.00	Jackson County Central
6.	-	Alex Olson	10-00.00	Redwood Valley
7.	11	Drew Tykwinski	10-00.00	Marshall
8.	12	Nicholas Wolter	10-00.00	Windom Area
9.	9	Mitchell Muller	9-00.00	Luverne
10.	9	Cameron Jensen	8-06.00	Worthington
11.	-	Matthew Hup	8-00.00	Luverne
11.	9	Noah Henle	8-00.00	Marshall
11.	9	Dylan Lucht	8-00.00	Jackson County Central
14.	9	Curtis Pell	7-00.00	Jackson County Central
14.	11	Aiden Dirhnam	7-00.00	Redwood Valley

#### X Long Jump - Varsity - Finals

1.	12	Randy Juell	20-09.50	Redwood Valley
2.	11	Jessie Guerra	20-02.00	Worthington
3.	11	Victor Ogeka	20-00.75	Windom Area
4.	12	Rhett Struve	20-00.25	Marshall
5.	12	Promise Nkwocha	19-11.00	Marshall
6.	10	Warren Darling	19-01.00	Jackson County Central
7.	11	Will Dudley	19-00.50	Worthington
8.	10	Jacob Prouty	18-10.50	Redwood Valley
9.	12	Sawyer Pals	18-09.00	Pipestone Area
10.	11	Zack Drum	18-08.50	Marshall
11.	12	Michael Rivera	18-02.50	Windom Area
12.	12	Kody Thul	17-00.50	Redwood Valley
13.	8	Tanner Wiese	17-00.00	Luverne
14.	10	Alex Leopold	16-08.00	Windom Area
15.	8	Cyris Halverson	15-10.00	Luverne
16.	7	Tyl Woelber	15-09.00	Pipestone Area
17.	-	Brandon Winter	15-07.50	Luverne
18.	12	Jacob Prins	15-06.00	Worthington
19.	12	Austin Appel	14-01.50	Pipestone Area
	11	Darnell Taylor-Breck	ND	Jackson County Central

#### X Triple Jump - Varsity - Finals

1.	11	Darnell Taylor-Breck	43-02.25	Jackson County Central
2.	12	Promise Nkwocha	42-02.25	Marshall
3.	11	Victor Ogeka	41-08.00	Windom Area
4.	11	Zack Drum	40-08.50	Marshall
5.	10	Jacob Prouty	39-04.00	Redwood Valley
6.	10	John Lothert	38-06.25	Marshall
7.	12	Sawyer Pals	38-06.00	Pipestone Area
8.	11	Jon Harmening	37-10.50	Jackson County Central
9.	10	Troy Ektnitphong	37-03.00	Worthington
10.	9	Griffin Ahrendt	36-06.00	Luverne
11.	12	Kody Thul	34-09.50	Redwood Valley
12.	9	Mitchell Muller	34-09.25	Luverne
13.	7	Tyl Woelber	34-05.25	Pipestone Area
14.	10	Cole Kvistero	34-04.25	Redwood Valley
15.	10	Aaron Axford	34-03.00	Windom Area
16.	11	Alex Abrahamson	32-07.00	Pipestone Area
17.	11	Joe Mills	31-01.50	Worthington
18.	11	Nick Raverty	31-00.25	Windom Area
19.	8	Jeremiah Dooyema	26-04.00	Luverne